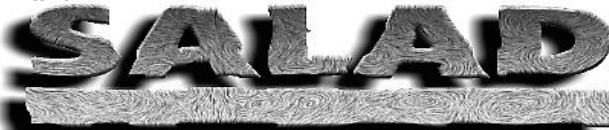


Menus for **May & June**
2024



**GATEWAY
HIGH SCHOOL
BREAKFAST
& LUNCH
MENU**

Gateway School District is an equal opportunity education institution and will not discriminate on the basis of race, color national origin, sex, age and handicap in its activities, programs or employment practices as required by Title VI, Title IX, Section 504 and further, with the PA Human Relations Act. For info. regarding civil rights or grievance procedures, contact the Title IX Coord., or the Section 504/ADA Title II Coord. at (412-372-5300). For info. regarding services, activities and facilities that are accessible to and usable by handicapped persons, contact the School Board Secretary (412-372-5300).



YOU LOVE IT. WE HAVE IT. SO COME 'N GET IT.
We feature great salad choices every day.
Hey, it's written in stone!

Available Daily!

**Steamed Vegetables + Fresh Vegetables
w/ Dip + Tossed Garden Salad**

**Assorted Fresh and / or Canned Fruit
Assorted 100% Fruit Juice**

**Choose up to 4 Servings of
Fruits & /or Veggies with Lunch**

Note: "+" symbol denotes item
contains pork.

Gator Café

Wednesday, May 1

Ravioli w/ Marinara, Green Beans, & Garlic Bread Stick

Thursday, May 2

WG Mini Carnival Corn Dogs & Potato Wedges Combo Meal

Friday, May 3

WG "Big Daddy" Pizza w/ Veggie du Jour

Monday, May 6

WG Bosco Sticks w/ Dipping Sauce

Tuesday, May 7

Buffalo Chicken Nachos w/ or w/o Cheese, Zesty Salsa, & Lettuce

Wednesday, May 8

Popcorn Chicken, Whipped Potatoes w/ Gravy & WG Roll

Thursday, May 9

Swedish Meatballs w/ Noodles

Garlic Bread Stick & Savory Green Beans

Friday, May 10

Assorted WG Pizza Selections w/ Veggie du Jour

Monday, May 13

WG Chicken Tenders, Potato Wedges & WG Roll

Tuesday, May 14

WG Personal Pan Pizza w/ Veggie du Jour

Wednesday, May 15

Rotini w/ Meatsauce, Green Beans, & Garlic Bread Stick

MENU

SUBJECT TO CHANGE

Lunch Specials

Thursday, May 16

Homestyle BBQ Chicken Wrap w/ Pepper Jack / Cheddar Cheeses & Oven Baked Tater Tots

PROM Friday, May 17

WG Stuffed Crust Pizza w/ Veggie du Jour

Monday, May 20

WG Chicken Parm. Sandwich w/ Baked Potato Smiles

Tuesday, May 21

WG "Breaded Boneless Chicken Wings, Potato Wedges, & WG Roll

Wednesday, May 22

WG Toasted Cheese Sandwich w/ Creamy Tomato Soup

Thursday, May 23

Popcorn Chicken, WG Waffle, & Warm Cinnamon Apples

Friday, May 24

Baked Italian Dunkers w/ Dipping Sauce

Monday, May 27

**MEMORIAL DAY
SCHOOL CLOSED**

Tuesday, May 28

Manager's Special
*Choice of 2 Fruits/ & 2 Veggies

Wednesday, May 29

Manager's Special *

Thursday, May 30

Manager's Special *

Friday, May 31

Manager's Special *

Monday, June 3

Manager's Special *

**SCHOOL LUNCH
HERO DAY**

**THANK
YOU!!**



MAY 3, 2024

HEROS, WE SAULUTE YOU!!!



**MOTHER'S DAY
MAY 12**

**NOW
HIRING**

Join our TEAM!

You can see the kids off to school & return home before they do. Also have summers, weekends, & nights off. Call Food Service at

412-373-5777.

**BREAKFAST
IS**

FREE

**FOR
ALL STUDENTS
EVERY SCHOOL DAY.**

**(Just thought
we'd remind you.)**

NUTRITION TO GO

Broccoli is an excellent source of vitamin C and beta carotene, both of which can help fight cancer. Frozen broccoli actually has more beta carotene (but less vitamin C) than fresh. Steaming fresh broccoli is the best way to retain nutrients and avoid the "too strong" flavor that results from overcooking.

A QUICK BITE FOR PARENTS

Fryz N' Stuff

Cheeseburger/ WG Bun

Hamburger on WG Bun

Grilled Chicken Patty on Whole Grain Bun

Breaded Chicken Patty on Whole Grain Bun

Spicy Chicken Patty on Whole Grain Bun

SALAD

YOU LOVE IT. WE HAVE IT. SO COME 'N GET IT.

We feature great salad choices every day. Hey, it's written in stone!

Sandwich Shop (Available Daily)

Grab N' Go Deli Selections:

Gateway Hoagie, Fresh Wraps w/ WG Baked Corn Chips, Assorted Sandwiches w/ Whole Grain Chips

WG Uncrustable Peanut Butter & Jelly Combo

"YO 2 GO" Combo Meal

Gator Café Breakfast Specials

Wednesday, May 1

WG Mini Pancakes "To Go!"

Thursday, May 2

Breakfast Sausage Pizza

Friday, May 3

WG Breakfast Sandwich

Monday, May 6

Assorted Breakfast Pastries

Tuesday, May 7

Breakfast Sausage Pizza

Wednesday, May 8

Pancake Sausage on a Stick

Thursday, May 9

Breakfast Sausage Pizza

Friday, May 10

WG Breakfast Sandwich

Monday, May 13

Assorted Breakfast Pastries

Tuesday, May 14

Breakfast Sausage Pizza

Wednesday, May 15

WG Mini Pancakes "To Go!"

Thursday, May 16

Breakfast Sausage Pizza

Friday, May 17

WG Breakfast Sandwich

MENU

SUBJECT TO CHANGE

Monday, May 20

Assorted Breakfast Pastries

Tuesday, May 21

Breakfast Sausage Pizza

Wednesday, May 22

Pancake Sausage on a Stick

Thursday, May 23

Breakfast Sausage Pizza

Friday, May 24

WG Breakfast Sandwich

Monday, May 27

MEMORIAL DAY SCHOOL CLOSED

Tuesday, May 28

Manager's Special

Wednesday, May 29

Manager's Special

Thursday, May 30

Manager's Special

Friday, May 31

Manager's Special

Monday, June 3

Manager's Special

Breakfast Pastries, WG Cereal, & Assorted Milk, Fruit, & Juice Available Daily



Weekends Nights

We have the perfect job for you:

See the kids off to school & return home before they do. Also have summers, weekends, & nights off. Call Food Service at 412-373-5777.



BREAKFAST IS

FREE

FOR ALL STUDENTS EVERY SCHOOL DAY.

(Just thought we'd remind you.)

Congratulations and best of luck to all members of the Class of 2024! Go Gators!!!

Salad Express

Offerings Available Daily:
Grab n' Go Salads including:

Gluten Free (GF) Fresh Fruit Platter w/ string cheese, flavored yogurt, & Goldfish Graham (Seasonal)

Gluten Free (GF) Garden Veggie Salad

Assorted Specialty Salads

Please See Reverse Side For Items Available Every Day